



FREQUENTLY ASKED QUESTIONS

1. What is music therapy?

Music therapy is the use of music to achieve non-musical goals such as social skills development, increasing emotional understanding, and increasing range of motion.

2. Who can receive music therapy services?

The Music Project provides music therapy services to veterans with PTSD, individuals with a variety of mental health conditions, individuals with developmental and/or physical disabilities, older adults diagnosed with Alzheimer's Disease or dementia, and many other people.

3. Do I have to purchase a ticket?

No, you do not need to purchase a ticket. Music YoU^{FEST} is a FREE event!

4. Is the festival family-friendly?

Yes, we encourage everyone of all ages and abilities to attend the festival.

5. Where is the Northwest Music Hall?

The physical address is 1402 SE Everett Mall Way SE Suite 800, Everett, WA 98208. We're located on the back side of the Everett Mall on the north end near the Floor & Décor Store.

6. Where do I park? Is there disabled parking?

There is plenty of parking space near the Northwest Music Hall including a few spots designated for disabled parking.

7. Is the festival ADA accessible?

Yes, the Northwest Music Hall is an ADA accessible facility.

8. What time is the festival?

Music YoU^{FEST} is from 1:00 – 5:00 PM on Saturday, March 23rd. You are welcome to attend for a small amount of time or the whole afternoon!

9. Will food be provided?

Yes, there will be light snacks available.

10. What workshops will be offered?

Board-certified music therapists will lead many workshop experiences. Please find more information here with locations, times, and workshop descriptions.

11. I belong to the media. To whom, do I contact with questions?

We are happy to answer your questions. Please contact the Music Project office at events@scMusicProject.org.

12. How can I inquire about receiving music therapy services?

Please submit a consultation inquiry form, and we will follow-up with you to schedule a consultation.

13. I would like to support the Music Project. How may I inquire about volunteer opportunities?

Please submit a volunteer inquiry form, and we will follow-up with you with available opportunities.

14. I am interested in renting the Northwest Music Hall. How may I inquire about rentals?

Please submit a rental inquiry form, and we will follow-up with you to schedule next steps.

15. My question is not listed here. Whom should I contact?

Please feel welcome to contact us with additional questions at events@scMusicProject.org.